

UNLOCK PERFORMANCE THROUGH FUNCTIONAL HEALTH

Corporate Health Partnerships

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Functional Health Consultant • Blood Work Specialist • Corporate Health Partner



1. THE PROBLEM

Today's workforce is underperforming -
not because they lack motivation
but because they **lack health.**



\$1 T

loss in annual productivity
due to stress, burnout &
related health issues.



£3 bn

a year is lost to gut
health-related & **IBS sick**
days across UK businesses.



67%

of working women
experiencing **menopause**
symptoms say it negatively
impacts their work.



12

unplanned absence days
are taken by workers with
poor health, **compared to**
2.5 days for healthy workers.

[WHO](#) | [IBS Network](#) | [CIPD](#) | [Gallup](#)

Healthy people ***perform better, stay longer & cost less.***

2. WHY FUNCTIONAL HEALTH

TRADITIONAL WELLBEING

-  Meditation app
-  Yoga class
-  Fruit basket
-  One-off seminar

VS.

FUNCTIONAL HEALTH

-  Identify root causes
-  Personalised support
-  Blood work analysis
-  Nutrition & supplement support

Traditional wellbeing programmes rarely address the ***underlying causes***. We create ***lasting change***.

3. YOUR STRATEGIC HEALTH PARTNER

Acting as an extension of your wellbeing strategy, Emily combines **functional medicine, blood work analysis & personalised nutrition** to improve workforce health & performance.

- ✓ Gut health
- ✓ Hormones & menopause
- ✓ Fatigue, burnout, stress & sleep
- ✓ Root cause approach
- ✓ Supporting organisations across the UK, Middle East & Asia



TRUSTED BY



TODAY



4. THE RESULTS



CORPORATE

Global Webinar



“Emily provided an informative & very clearly presented webinar to our global organisation.”

- **Bernadette**,
Global Wellbeing Advisor,
Genesis Energies



OUTCOME

Metabolic Health Improvement



“I got back to pre-diabetic levels & stopped taking medication after 25 years.”

- **Peter**
Diabetic Patient



RETREAT PARTNER

Guest Health Optimisation



“Emily is one of our most-sought after practitioners. Guests find her talks invaluable.”

- **Melanie**
Retreat Founder

Real Results. Measurable impact. ***Lasting change.***

5. PARTNERSHIP OPTIONS



HEALTH TALKS

- Expert 60-90 minute talks
- Interactive Q&A
- Tailored to your team's needs

From £300 per session



EXECUTIVE & EMPLOYEE HEALTH

- 1:1 employee support
- Blood work analysis
- Nutrition & supplements
- Ongoing support

From £450 per person



STRATEGIC HEALTH PARTNER

- Tailored monthly partnership
- Health talks & resources
- 1:1 employee support

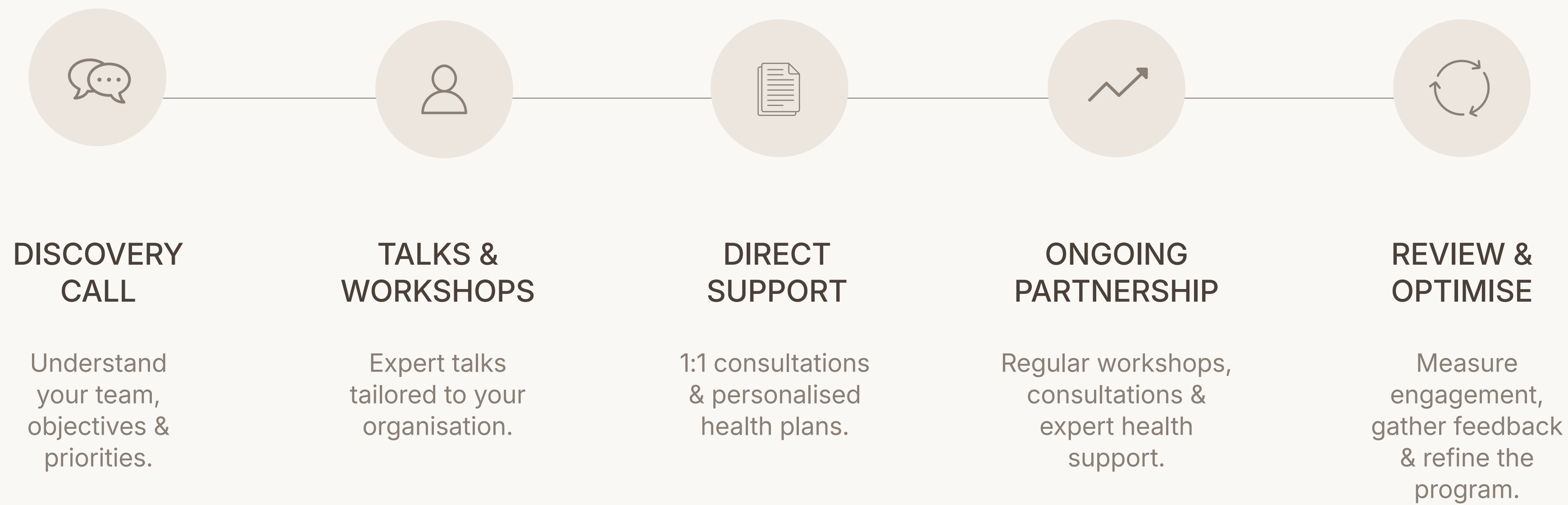
From £2000 per month

BEST
VALUE

Flexible options to suit your organisation's needs.

6. EXAMPLE PARTNERSHIP JOURNEY

How We Typically Work Together



A structured approach that delivers measurable *long-term results*.

7. WHY PARTNER WITH ME



IMPROVE PERFORMANCE

Increase energy,
focus &
productivity.



REDUCE ABSENTEEISM

Address root
causes that impact
health.



INCREASE RETENTION

Support people to
feel their best.



PEOPLE FEEL VALUED

A science-led
approach people
genuinely appreciate.

Healthier people think more clearly. Make better decisions. Take fewer sick days. ***Perform at their best.***

8.NEXT STEPS

Let's build a **healthier, high-performing team** together.

Book a **free 15-minute** discovery call to discuss a partnership tailored to your organisation.

"Whether you're looking for one-off support or a long-term health partner, I'd love to explore how we can support your organisation."

